



YOUNG ADULTS OF TRANSITION AGE

Creating Better Outcomes



Prevalence

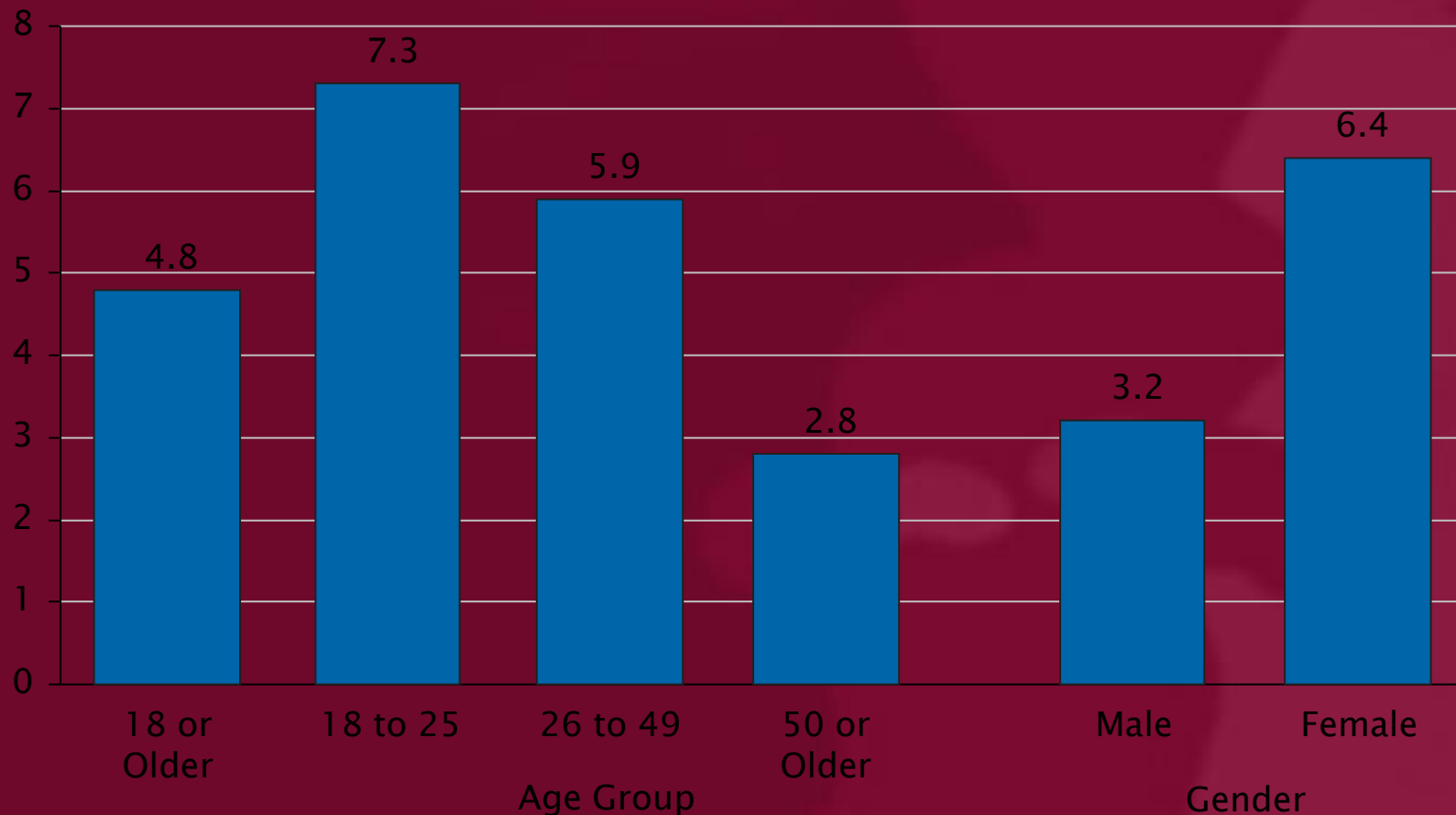
- Prevalence rates of Serious Emotional Disturbance and Serious Mental Illness 4-9% (Davis, 2003)
- Applied to 15-30 year olds in 2009 (Census estimate)
- Yields estimate of 2.5-5.8 million with serious mental health condition in transition to mature adulthood



Serious Mental Illness in the Past Year among Adults (18+), by Age and Gender: 2009

National Survey on Drug Use and Health – Household survey

Percent with Serious Mental Illness (SMI) in the Past Year

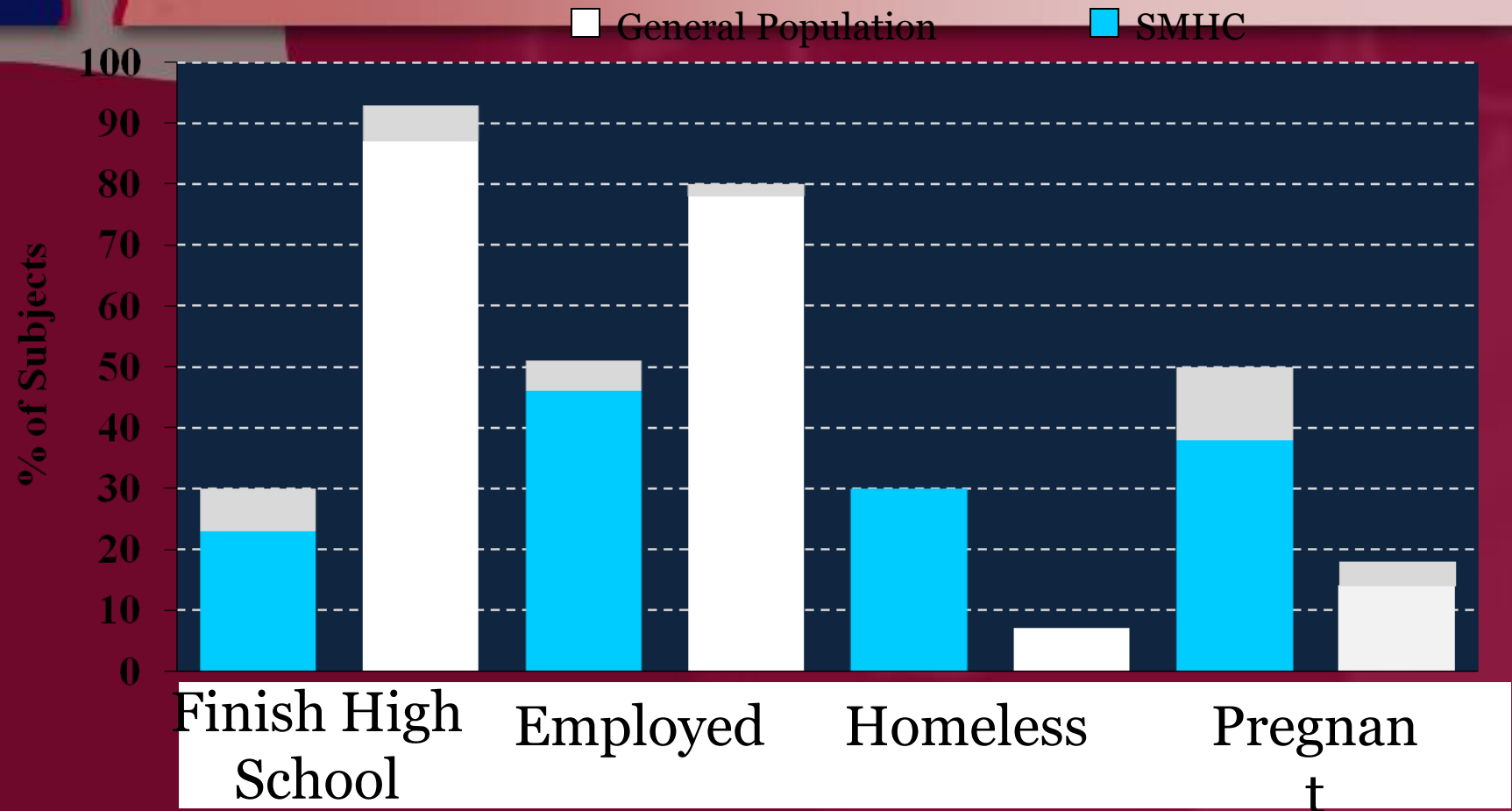




Why Change Policies?

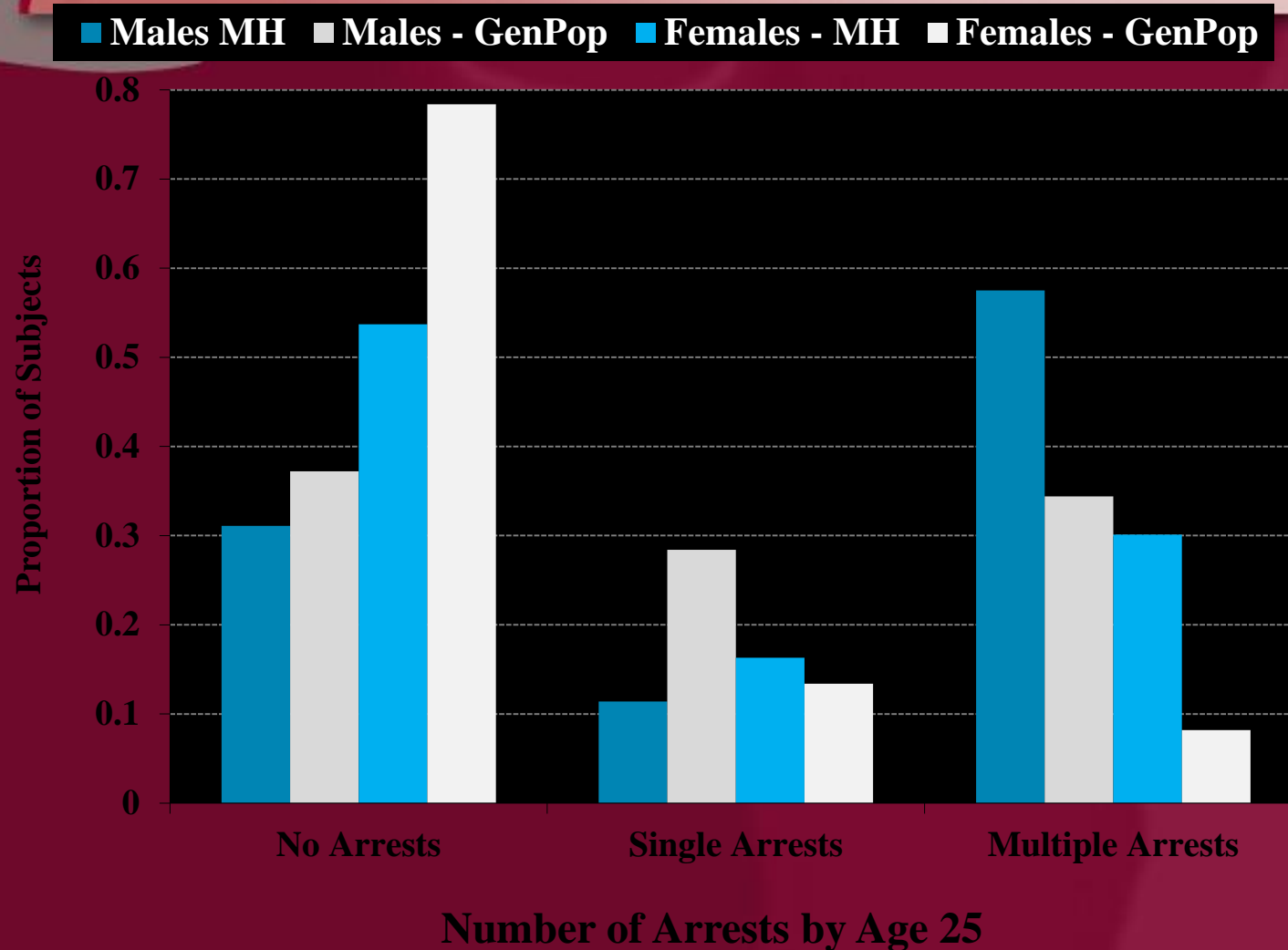
Typical Services result
in
poor young adult
outcomes

Typical Services=Poor Outcomes

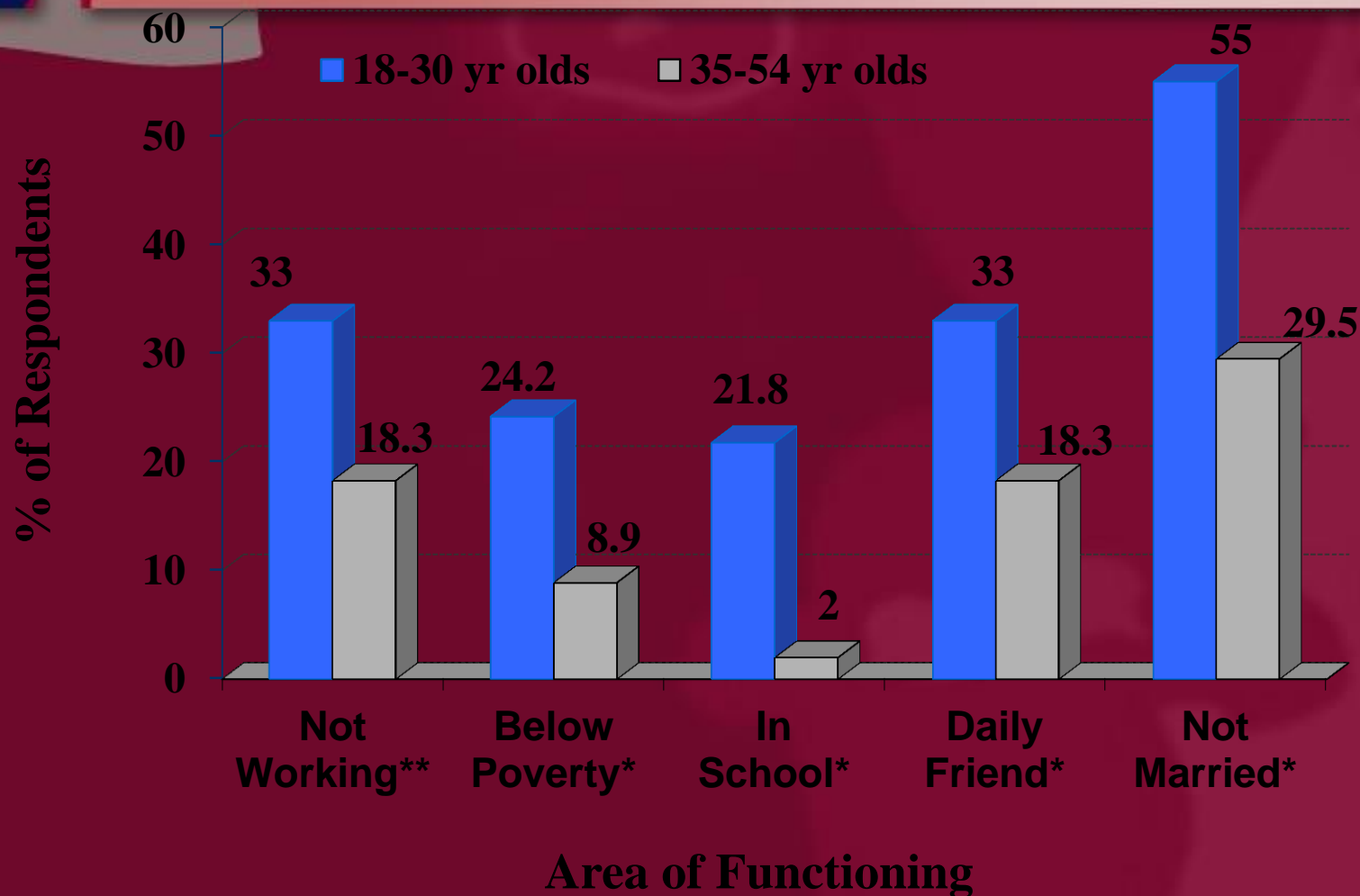


Valdes et al., 1990; Wagner et al., 1991; Wagner et al., 1992; Wagner et al., 1993; Kutash et al., 1995; Silver et al., 1992; Vander Stoep, 1992; Vander Stoep and Taub, 1994; Vander Stoep et al., 1994; Vander Stoep et al., in press; Davis & Vander Stoep, 1997

Arrest Rates are High



Young Adults Struggle More than Mature Adults

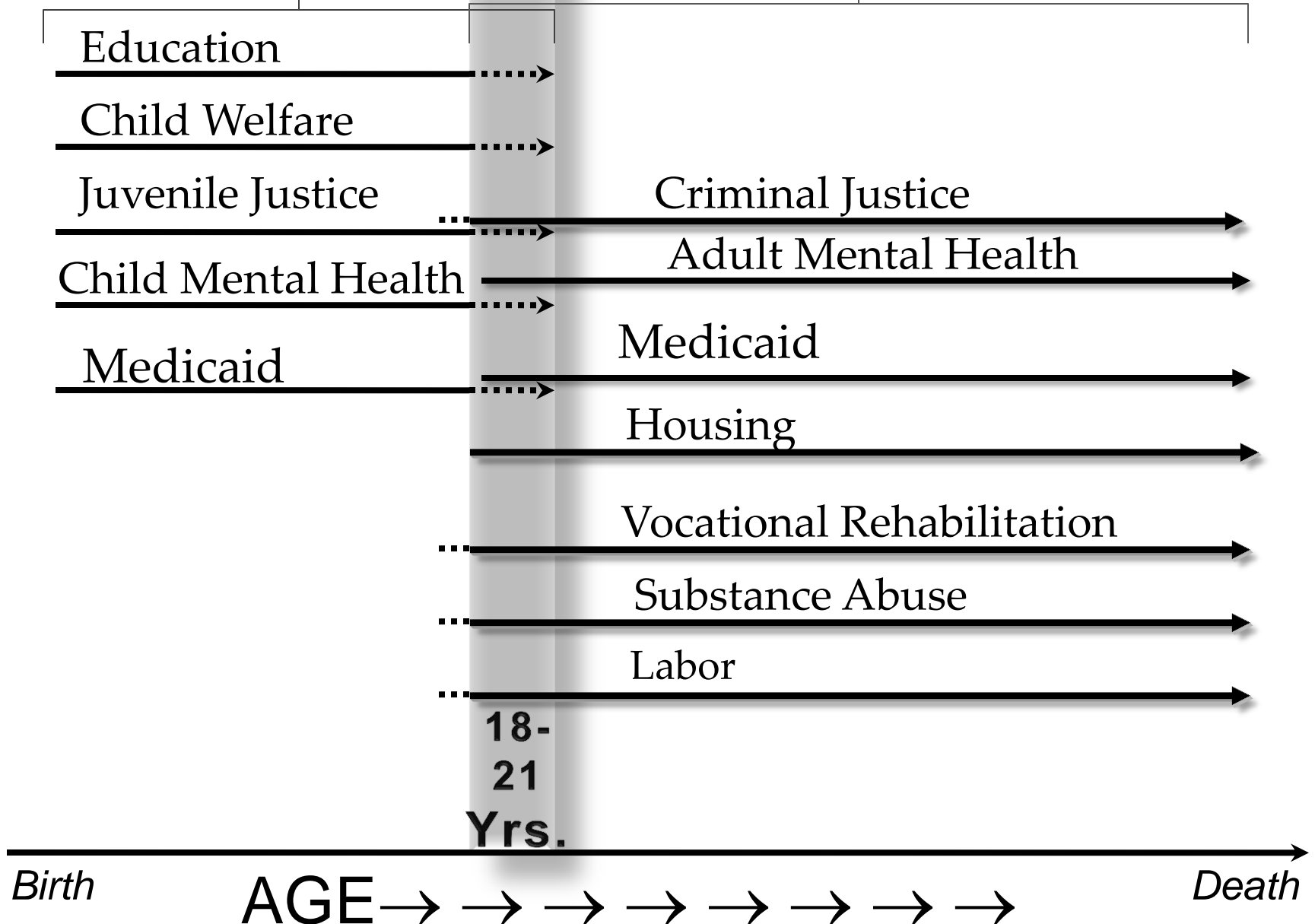


* χ^2 (df=1)=31.4-105.4, $p < .001$

** χ^2 (df=1)=5.5, $p < .02$

CHILD SYSTEM

ADULT SYSTEM





Interplay of Three Forces



**Individual Developmental
Transition**



**Family
Developmental
Transition**



Institutional Transition



There is no magic age

- **Developmental changes accumulate gradually over time**
- **Functional capabilities build gradually over time**



Institutional Transitions

- Mediated by bureaucratic and legal, rather than cultural or natural, guidelines.
- Requirements to access services, pay sources, philosophy and approach to services differs.

Looking
for a Job?



Independent
Living is not...



Independent
Living is...



Child Welfare
Services



A CONSUMER'S GUIDE TO
**MENTAL
HEALTH
SERVICES**
UNITING THE
MYSTERIES AND SECRETS OF
PSYCHOTHERAPY



Juvenile Justice & Mental Health
Working Together for the Best Outcomes for
Youth With Serious Emotional Disorders

FRED K. EDWARDS, LLD
VINCHY W. HEATH, PhD



GED



Youth with
Disabilities in
the Juvenile
Justice System
By Rene Anderson
Tampa, Florida



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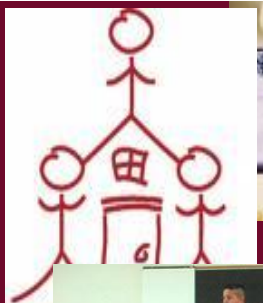


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Make It Stop!



Key Policy Tenants

Promote a density of developmentally-appropriate and appealing services from which individualized service and treatment plans can be constructed.

Provide continuity of care from ages 14 or 16 to ages 25 or 30.

Provide continuity/coordination of care across the many systems that offer relevant services.

Davis & Koyanagi (2005)



Key Policy Tenants (cont.)

Support family role to ages 25-30.

Support expertise in this age group and disability population.



Davis & Koyanagi (2005)



Better Outcomes

Lessons Learned

**Implications for
Funding, Policy
and Practice**



LESSONS LEARNED

**Engagement is
Different**

**Funding Needs to
Respect that
Difference**



LESSONS LEARNED

**Youth Culture is
Critical**

**Different Ways of
Doing Business**



LESSONS LEARNED

**Adult Allies are
Important**

**Support Family
Role**



LESSONS LEARNED

**Young Adults
want a Job and a
Place to Live**

**Housing and
Employment**



LESSONS LEARNED

**High Incidents
of Trauma**

**Build in Trauma
Informed Care**



LESSONS LEARNED

**High Perception
of Opportunity**

**Service Delivery
Process that
Focuses on Hopes
and Dreams**



LESSONS LEARNED

**Community-Based
and Easy Access**

**Super Wal-Mart is
a Good Idea**



LESSONS LEARNED

**Birthdays are
Not Important**

Individual Need Is



It's About Changing Lives



